

5 recommendations for inclusive care of LGBT+ people facing bereavement

1



Avoid making assumptions about individuals and relationships, because incorrect assumptions can be damaging, particularly in bereavement

2



Use the relationship labels (e.g. partner) and pronouns (e.g. she/her) that individuals themselves use, and ask if you do not know.

3



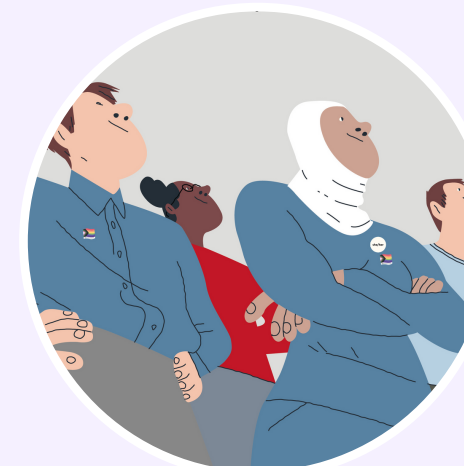
Explore sources of personal and social support by asking: Who in their lives is important to them? Who is aware of their bereavement, and the nature of that loss?

4



Be cognisant and respectful of the hesitancy and fears individuals may have around accessing formal bereavement support.

5



Facilitate connections with local bereavement support services, and make the first introduction if required, to allay fears and enable individuals to access the support they need.



Source: Bristowe K, Timmins L, Braybrook D, et al. LGBT+ partner bereavement and appraisal of the Acceptance-Disclosure Model of LGBT+ bereavement: A qualitative interview study. *Palliative Medicine*. 2023;37(2):221-234. doi:[10.1177/02692163221138620](https://doi.org/10.1177/02692163221138620)

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